ST GUTHLAC'S COMMUNITY NEWS





https://www.stguthlac-knighton.co. uk/

Second Sunday of



Sunday 13th March 2022 Second Sunday in Lent

Sunday 13th March 10:30am

This Sunday Fiona Wingate will be leading a service of Morning Prayer.

"Doing Lent Gently" in 2022



Often Lent is seen as a rather harsh and certainly penitential part of church vear we are touah on ourselves as preparation for the joy of Easter. This spirit of selfexamination. even criticism, and abstinence

has its place and can prove valuable – *however* – given that so much has already been sacrificed over the last two years, perhaps this Lent should be less about discipline and more about gentleness, with ourselves and each other.

A gentle Lent might help us draw closer to the gentle self-giving of Jesus himself, on his journey to the cross and beyond.

Here are a few suggestions for 'doing Lent gently':

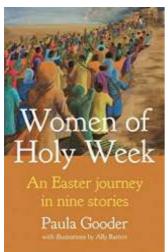
Being still – choose a time each day when you can be still and just sit for a few minutes, either in silence with a five-minute timer, or listening, eyes closed, to a favourite gentle song;

Letting go – think of something that takes time but makes little difference to anyone else, and just let go of it until Easter.... it could be the time you spend on Facebook, watching a TV soap, painting your nails or polishing the car. You could use the time for catching up on something long postponed.

Simple giving – identify a simple thing you can give to others once a week (or more, if easier) ... it could be writing a postcard each weekend to send on Monday, putting flowers in your window, or letting someone go ahead of you in the shopping queue.

Join 'Difference' – this Lent, over five Wednesday evenings from 9th March, we are running 'Difference', a course (on Zoom) that equips Christians to cross divides, navigate disagreement and pursue a just and flourishing world. Through film, Bible study, prayer and discussion we are encouraged to develop the three habits of being curious, being present and reimagining – to build reconciliation and change in place of division. Please see below for joining instructions.

Get reading - follow up our Sunday series on women of the



Bible by reading "Women of Holy Week" by Paula Gooder. This is an imaginative retelling, in nine stories, of the events of the last days of Jesus through the eyes of the women accompanying him. We'll also have a special coffee morning to discuss the stories together, at 10am on Wednesday 6th April at the Vicarage. Please phone Adrian Jones or Alison Roche on 0116 270 4268 if you'd like a copy of the book for £9.99.

I hope there is something here to help you do Lent gently this year.

Adrian

LENT DIFFERENCE COURSE & COMPLINE

Online Compline on Wednesdays will start at 7.30 pm during Lent. It will be before the Lent Difference Course which starts at 8.00. The Zoom link is unchanged and is the same for both compline and the Lent Difference course.

Topic: Compline then Lent Course

Time: 7.30pm Compline 7.55pm Lent Course

Join Zoom Meeting

https://leccofe.zoom.us/j/7467674408?pwd=NHRQZ2F0Mmt

5Wk5sd2NMc1JtREpaUT09

Or Dial in- 0203 481 5240 United Kingdom

Meeting ID: 746 767 4408

Passcode: hope

St. Guthlac's Services

Sunday at 10.30am

20th March Eucharist Revd Adrian Jones

27th March All Age Mothering Sunday

Revd Matthew Gough & Jean Gabbar

3rd April Eucharist Revd Matthew Gough

10th April All Age Worship – Palm Sunday

Revd Adrian Jones

Every Thursday at 9.30am Holy Communion

The Collect & Readings for the Second Sunday in Lent

The Collect

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen.

First Reading: Genesis 15.1-12, 17-18

Psalm 27

Second Reading: Philippians 3.17-4.1

Gospel reading: Luke 13.31-35

³¹At that very hour some Pharisees came and said to him, 'Get away from here, for Herod wants to kill you.' ³²He said to them, 'Go and tell that fox for me, "Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. ³³Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem." ³⁴Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! ³⁵See,

your house is left to you. And I tell you, you will not see me until the time comes when you say, "Blessed is the one who comes in the name of the Lord."

PRAYERS

There will be wars and rumours of war...

We embrace this Lenten season by committing to let go of the baggage and burden of all that misdirects us. May we be honest about our sin, the nature of all which falls short of God's desire for us. May we embrace prayer afresh and seek the face of Christ in self and others.

Christ fled Bethlehem to another country as a refugee. As citizens of a heavenly kingdom may we befriend the refugee within each of us. May we have empathy for us those having to leave their homes in fear and desperation. They leave all that they know behind for sanctuary. This Lent can we commit to know Christ in neighbour and stranger.

We pray for those in power to seek justice and peace. We pray for all those hungry unable to pay their bills to know the real power of a biblical jubilee, a forgiveness of debt and chance for a new start. Turning to Christ at Lent is good place to seek a new start asking for, and seeking forgiveness for self and others.

May we know ourselves a forgiven people. We thank you for your example of fasting in the desert for 40 days and nights. Help us be led from temptation and turn once more to true life and riches in Christ.

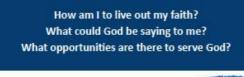
Weekly prayer for roads in the parish – **Elms Road and Ems Court**.

Those facing personal pain we name before our Lord.

And those who have finished their days on this earth; we thank you for their lives and pray for their families and loved ones to be comforted.

For further prayer requests which can be included in the weekly prayer list or anonymized and prayed for in private, please contact Matthew revgough@gmail.com or Jane administrator@stguthlac-knighton.co.uk

Choir Practice Our next rehearsal is on Wednesday 16th March 7.30pm-8.30pm in church.



To explore these questions further...

Everyday Calling

with Bishop Saju

Saturday March 26th 10am-3pm

Lunch included

Grand Hall, St Martin's House



- How to set up a social action project
- Exploring ordained or lay ministry
- How do I hear from God?
- Training opportunities

Time to chat to people in a range of callings eg

- Church Army
- Street Pastors
- Spiritual Directors
- Schools projects

To book a place email: claire.stapleton@leicestercofe.org (Please state any dietary needs)

Pause



Many of us find ourselves dashing around without time to rest or to pause, even on a Sunday.

Make some time to hear the still small voice of God at a relaxed, informal Communion service at **St Mary's** - **7.30pm on Sunday 20th March.**

Our theme is

"Rage and Hope"

There will be music, readings and quietness, before an opportunity to share Communion together if you wish.

You're welcome to bring your own cushion, and a favourite mug for tea or coffee.

More information from Adrian Jones 0116 270 4268 or 07919 262 399

War in Ukraine - how to help

We have all seen terrible scenes from the war in Ukraine on our televisions and naturally we feel moved to want to help those suffering.

Firstly, please make sure you are **praying** for the civilians caught in



the invasion and those who have had to become refugees: Heavenly Father, hear our prayers for our brothers and sisters in Ukraine.

Lord, we ask for peace for those who need peace, reconciliation for those who need reconciliation and comfort for all who don't know what tomorrow will bring. Lord may your Kingdom come, and Your will be done.

Lord God, we ask for you to be with all – especially children - who are suffering as the crisis in Ukraine deteriorates. Lord for those who are anxious and fearful. For those who are bereaved, injured or who have lost their lives. And for those who have lost homes and loved ones. Lord hear our prayers.

Secondly, please consider giving to the relief appeal launched



by the Disasters Emergency Committee.

You can give online here:

https://donation.dec.org.uk/ukrainehumanitarian-appeal or by sending a cheque payable to *Ukraine Humanitarian Appeal* to DEC

Ukraine Humanitarian Appeal, PO Box 999, London EC3A 3AA, or by making a donation at a Post Office. The UK Government will match public donations to this appeal pound-for-pound up to £25 million

Lastly, you might consider **lobbying** your local MP or Government Ministers to make changes to our immigration regulations so that Ukranian refugees can be helped quickly and efficiently. You might like to find out more about joining with others and sponsoring a refugee family coming to Britain – see the Leicester Community Sponsorship Group www.leicestercsg.co.uk
Adrian

Intercessors: Can you help? We currently only have a few intercessors for Sunday services.

Intercessors can read pre-prepared prayers from a published book or make up their own prayers. New intercessors will be given help and support. If we have a full complement of intercessors, each person would read the prayers once every two or three months.

Is this something you could do to help the church? If so please chat to Tina about it or email her.

DIARY DATE: ANNUAL PAROCHIAL CHURCH MEETING This will take place in St. Guthlac's, on Sunday 24th April 11.45am, after the Sunday service. The agenda and reports from the PCC will be available two weeks prior to the meeting.

ELECTORAL ROLL

If you are not currently on the electoral roll and would like to be entered on it, please contact Jane Wright at administrator@stguthlac-knighton.co.uk for a form. Completed forms must be returned to Jane by 3rd April if you wish to be entitled to vote at the APCM. The 'Notice of Revision' posted on our website and the internal church noticeboard gives details of eligibility. Thank you.

The National Day of Reflection—Wednesday 23rd March

The 23rd March will be the second anniversary of the start of the first national lockdown in response to the Corona virus pandemic. Back in 2020 we had little idea about the way in which this new virus would reshape our daily lives in the days to come, would galvanise the world's scientists to discover and develop vaccines at unprecedented speed, and would challenge our health professionals to the extreme. Few of us would have suspected the scale of loss and pain, through bereavement, illness, separation and isolation that we would face as a country, but also as families and individuals.

While life now is beginning to return to 'normal' many of us still need the opportunity to reflect, grieve and pray in the face of all that we have experienced. Doing this together will help us to find healing and hope for the future.

On 23rd March, St Mary's will be open during the day from 11am to 1pm for all of us, if we would like this opportunity. At noon we will mark the national silence and have a few prayers. There will also be the chance to leave your own written prayers, to light a candle in memory of a loved one and to place a daffodil as a sign of hope. Clergy and volunteers will be on hand to talk and help.

The national charity 'Marie Curie' will receive any donations you would like to make in memory of all those who have died.

Adrian

National Day of Reflection 23 March

CONTACT DETAILS

Vicar: Revd. Adrian Jones 0116 2704268 adrian.jones@zoho.com 07919 262 399

Assistant Curate: Revd Matthew Gough revgough@gmail.com 07754 961997

Revd Aphro McCullough

Revd Janet Gasper

Reader: Fiona Wingate

Ordinand: Cecilia Adjadje

Churchwardens: David Hunt Tina Jarvis

churchwardens@stguthlac-knighton.co.uk

Knighton Benefice Magazine: Nigel Siesage stmaryknighton.magazine@gmail.com

FOR THE NEWSLETTER Please send material to be included in the next newsletter by noon next Thursday to administrator@stguthlac-knighton.co.uk

Don't forget to visit the St. Guthlac's Facebook page and website https://www.stguthlac-knighton.co.uk

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